

## **30 minute suggested practise session**

Go through your pre shot routine before each putt.

-5 Minutes short putts, start close to the hole (within about one to two metres) and work on your stroke and tempo.

-5 minutes mid range putts (3 to 4 metres) same as above working on technique and tempo and keeping in mind the distance control is important here too.

-5 minutes long putts, now working on feel and length of stroke and putt to a few different holes or targets. You can putt to the fringe as in the warm up video.

-5 minutes circle drill.

-5 minutes ladder drill (6 tees in the ground starting from one foot away and starting again if you miss).

-5 minutes long putting ladder drill ( try and beat your existing score) see video

Remember there can be break on short putts too so always go through your routine and check the break first and then focus mainly on speed,